

**PERRYDALE SCHOOL DISTRICT  
SEPTEMBER 2022  
BREAKFAST / LUNCH MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 HOLIDAY NO SCHOOL	6 PB&J w/CHIPS & CHEESE STICK CARROTS APPLE	7 CORN DOG CUCUMBERS ORANGE WEDGES	8 TURKEY & CHEESE SANDWICH PEPPER STICKS BLUEBERRIES	9 PEPPERONI PIZZA BROCCOLI RANCH FRUIT CUP
12 HAM & CHEESE SANDWICH CUCUMBERS APPLESAUCE	13 HAMBURGER w/CHIPS CARROTS STRAWBERRIES	14 PB&J w CHIPS & CHEESE STICK PEA PODS GRAPES	15 CHEESE PIZZA CELERY STICKS PEANUT BUTTER BANANA	16
19 LUNCHABLE CARROTS GRAPES	20 BURRITO PEPPER STICKS ORANGE WEDGES	21 TURKEY & CHEESE SANDWICH CUCUMBERS BANANA	22 PEPPERONI PIZZA SALAD w/RANCH FRUIT CUP	23
26 HAMBURGER w/CHIPS BROCCOLI w/RANCH APPLE	27 HAM & CHEESE SANDWICH CARROTS FRUIT CUP	28 TORNADOS PEA PODS GRAPES	29 CHEESE PIZZA SALAD w/RANCH BANANA	30 <b>**MENU IS SUBJECT TO CHANGE**</b>

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.**

<u>BREAKFAST</u>
MONDAY – BENEFIT BAR
TUESDAY – BAGEL BAR
WEDNESDAY – YOGURT w/GRAHMS
THURSDAY – BANANA BREAD
FRIDAY - DONUT

<u>MEAL PRICING</u>		
	LUNCH	BREAKFAST
K-5	2.75	2.00
6-12	3.25	2.00
Adult	4.00	2.75
Milk Rate - \$0.50		
No Charge Breakfast or Lunch for Free/Reduced Rates		

Breakfast is served with 1% white milk, and a serving of fruit.

Each lunch is served with fat free chocolate milk, fresh and canned fruit and vegetables.